

# EMMA L. MCGORRAY

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## EDUCATION

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**Northwestern University** **Evanston, IL**  
Ph.D. in Social Psychology Anticipated June 2024

- Diversity Science Certificate (Department of Psychology)
- Quantitative Certificate (Department of Psychology)
- Teaching Certificate (Searle Center for Advancing Learning and Teaching)

**Northwestern University** **Evanston, IL**  
M.S. in Social Psychology 2021

- Thesis: Bi+ identity visibility and well-being in the context of romantic relationships

**Kenyon College** **Gambier, OH**  
B.A. with distinction in Psychology and English, *summa cum laude* 2018

- Honors Thesis: Does expression of the true self act as a mediator between computer mediated communication and improved social outcomes for individuals high in social anxiety?

## AWARDS, GRANTS, AND HONORS

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**Relationship Researchers Interest Group Graduate Student Paper Award** 2023  
**Alice Eagly Outstanding Graduate Student Paper Award** 2023  
**Summer Research Grant, Sexualities Project at Northwestern University (SPAN)** 2023  
**Florence Sales TA of the Year Award, Northwestern Dept. of Psychology** 2022  
**Sexualities Project at Northwestern Conference Support** 2021  
**Diversity Registration Award, Society for Personality and Social Psychology** 2020  
**Summer Research Grant, Sexualities Project at Northwestern University (SPAN)** 2020  
**Kenyon Writing Award, Kenyon College** 2014–2018  
**Highest Honors in Psychology, Kenyon College Dept. of Psychology** 2018  
**Denham Sutcliffe Memorial Award, Kenyon College Dept. of English** 2018  
**Phi Beta Kappa, Beta of Ohio, Kenyon College** 2017  
**Phillip Wilcott Timberlake Junior Prize, Kenyon College Dept. of English** 2017  
**Wendell D. Lindstrom Memorial Prize, Kenyon College Dept. of Mathematics** 2015  
**Phillip Wilcott Timberlake Award, Kenyon College Dept. of English** 2015  
**National Merit Scholar** 2014

## PUBLICATIONS

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McGorray, E. L., & Petsko, C. D. (in press). The perceived “straightness” and “gayness” of bisexuality depends on gender. *Social Psychological and Personality Science*. <https://doi.org/10.1177/19485506231183467>

- [Media coverage: PsyPost](#)
- [Media coverage: Bisexual Brunch podcast](#)

McGorray, E. L., Finkel, E. J., & Feinstein, B. A. (2023). Bi+ identity visibility and well-being in the context of romantic relationships. *Psychology of Sexual Orientation and Gender Diversity*. <https://doi.org/10.1037/sgd0000628>

- [Media coverage: PsyPost](#)

McGorray, E. L., Emery, L. F., Garr-Schultz, A., & Finkel, E. J. (2023). “Mostly White, heterosexual couples”: Evaluating the demographic diversity and reporting practices of relationship science research samples. *Journal of Personality and Social Psychology*, 125(2), 316-344. <https://doi.org/10.1037/pspi0000417>

- *Recipient of the Relationship Researchers Interest Group Graduate Student Paper Award*
- *Recipient of the Alice Eagly Outstanding Graduate Student Paper Award*
- [Society for Personality and Social Psychology Character & Context blog coverage](#)

Douglas, B. D., McGorray, E. L., & Ewell, P. J. (2021). Some researchers wear yellow pants, but even fewer participants read consent forms: Exploring and improving consent form reading in human subjects research. *Psychological Methods*, 26(1), 61-68. <https://doi.org/10.1037/met0000267>

## MANUSCRIPTS UNDER REVIEW

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Hughes, E. K., Emery, L. F., McGorray, E. L., Gardner, W. L., & Finkel, E. J. (2023). *The delusion of the disappearing self? Attachment avoidance and the misperception of self-loss in romantic relationships*. Revise and resubmit at *Journal of Personality and Social Psychology*.

Rich, A. J., McGorray, E. L., Baldwin-SoRelle, C., Cawley, M., Grigg, K., ..., Beach, L., Phillips II, G., & Poteat, T. (2023). *Automated tools for systematic review search and screen methods: An application of machine learning for sexual orientation and gender identity measurement*.

## MANUSCRIPTS IN PREPARATION

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Rich, A. J., McGorray, E. L., Felt, D., Kerr, M., SoRelle, C., Beach, L., Phillips II, G., & Poteat, T. (2023). *Sex, sexual orientation, and gender identity measurement in health research: A systematic review and narrative synthesis*.

Hughes, E. K., Emery, L. F., McGorray, E. L., & Finkel, E. J. (2023). *I am who you are: Partner-induced change, self-concept clarity, and authenticity*.

## PRESENTATIONS

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- McGorray, E. L.,** Emery, L. F., Garr-Schultz, A., & Finkel, E. J. (February, 2024). *Evaluating the diversity and inclusivity of relationship science research*. Paper to be presented in the symposium “What’s Next? Methodological and Topical Advances in Close Relationships Science” at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- McGorray, E. L.,** Emery, L. F., Garr-Schultz, A., & Finkel, E. J. (February, 2023). “*Mostly White, heterosexual couples*”: *Examining demographic diversity and reporting practices in relationship science research samples*. “Research Spotlight” presentation presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- McGorray, E. L.,** Emery, L. F., & Garr-Schultz, A. (April, 2022). *Practical insights from a systematic review of sample diversity*. Invited presentation at the Northwestern Psychology Department Diversity Salon series.
- McGorray, E. L.,** & Finkel, E. J. (February, 2022). *Bisexual identity visibility and well-being in the context of romantic relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Hughes, E. K., Emery, L. F., **McGorray, E. L.,** & Finkel, E. J. (February, 2022). *I am who you are: Partner-induced change, self-concept clarity, and authenticity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- McGorray, E. L.,** & Finkel, E. J. (November, 2021). *Bi+ identity visibility and psychological well-being: Differences between bi+ individuals in same-gender vs. different-gender relationships*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- McGorray, E. L.** (May, 2021). *From Science Olympiad to psychological science*. Talk presented for the virtual Science Olympiad 2021 STEM Expo.
- McGorray, E. L.,** Finkel, E. J., & Feinstein, B. A. (May, 2021). *The role of romantic relationships and identity visibility in bi+ people’s well-being*. Poster presented at the National LGBTQ Health Conference (virtual conference).
- McGorray, E. L.,** & Gardner, W. L. (February, 2021). *Finding a way to reconnect: Social media as belonging need regulation for those high in social anxiety?* Poster presented at the annual meeting of the Society of Personality and Social

Psychology and the Psychology of Media and Technology preconference (virtual conference).

**McGorray, E. L., Finkel, E. J., & Eastwick, P. W.** (February, 2020). *Ideal or no ideal? Exploring the effects of online interaction and idealization on relationship development.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Douglas, B. D., **McGorray, E. L., & Ewell, P. J.** (May, 2019). *Some researchers wear yellow pants, but even fewer participants read consent forms: Exploring and improving consent form reading in human subjects research.* Poster presented at the annual meeting of the Association for Psychological Science, Washington, D. C.

**McGorray, E. L., & Ewell, P. J.** (February, 2019). *Computer mediated communication, expression of the true self, and social outcomes for individuals high in social anxiety.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

**McGorray, E. L., Douglas, B. D., & Ewell, P. J.** (March, 2018). *Participant reading of consent forms.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

**McGorray, E. L., & Ewell, P. J.** (October, 2017). *Self-disclosure and liking on social networking sites.* Poster presented at the Kenyon Summer Scholars Poster Session, Gambier, OH.

## TEACHING AND MENTORING EXPERIENCE

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### Instructor of Record

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|---|--------------------|
| • Relationship Science, Northwestern University       | <b>Fall 2023</b>   |
| • Independent Study, Northwestern University          | <b>Summer 2023</b> |
| • Relationship Science, Northwestern University       | <b>Winter 2023</b> |
| • Research Methods, Northwestern University           | <b>Winter 2022</b> |
| • Social Psychology, Cook County Dept. of Corrections | <b>Summer 2021</b> |

### Graduate Teaching Assistant

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|--|-------------------|
| • Negotiations, Northwestern University, Dr. Eli Finkel                  | <b>2022, 2023</b> |
| • Relationship Science, Northwestern University, Dr. Eli Finkel          | <b>2021, 2022</b> |
| • Research Methods, Northwestern University, Dr. Ginger Pennington       | <b>2021</b>       |
| • Personality Psychology, Northwestern University, Dr. Alissa Levy-Chung | <b>2019, 2020</b> |
| • Psychology of Beauty, Northwestern University, Dr. Renee Engeln        | <b>2020</b>       |
| • Research Methods, Northwestern University, Dr. Alissa Levy-Chung       | <b>2019</b>       |
| • Social Psychology, Northwestern University, Dr. Wendi Gardner          | <b>2018</b>       |

## **Guest Lectures**

- “Diversity”
  - Relationship Science, Northwestern University 11/7/2023
- “Diversity in Relationship Science” 6/28/2023
  - Relationship Science, Northwestern University
- “Social Psychology”
  - Research Methods, Northwestern University 10/20/2022
- “Diversity in Relationship Science” 5/12/2022
  - Relationship Science, Northwestern University
- “LGBTQ+ People’s Relationships” 10/19/2021
  - Relationship Science, Western University
- “Bi+ Visibility and Well-Being in the Context of Romantic Relationships” 4/19/2021
  - Honors Social Psychology, Elmhurst University
- “The Self in Relationships and Online” 9/3/2020
  - Social Psychology Seminar, California State University Long Beach
- “Writing an Introduction”
  - Research Methods, Northwestern University 10/22/2019

## **Undergraduate Honors Thesis Mentor, Northwestern University**

- Jillian Umstead 2023-2024
- Annie Chen 2021-2022

## **Summer Undergraduate Research Grant Mentor, Northwestern University**

- Jillian Umstead 2022

## **Academic Year Undergraduate Research Grant Mentor, Northwestern University**

- Jillian Umstead 2023
  - Finalist for Fletcher Award for outstanding undergraduate research
- Annie Chen 2022

## **Summer Internship Grant Program, Northwestern University**

- Celine Cushman 2021

## **Workshop Leader, Northwestern Graduate Student Teaching Conference**

- Topic: Managing Interpersonal Dynamics: Communicating with Students 2022
- Topic: Responding to Student Writing in the Social Sciences 2021

## **Morning Mentor, Nichols Middle School, Evanston, IL**

2019–2021

## **Graduate Student Mentor, Northwestern University**

2019–2020

- Eileen Wu

## **Calculus Tutor, Kenyon College Writing Center**

2015–2017

Upperclass Counselor and Orientation Leader, Kenyon College 2015, 2016

### **PEDAGOGICAL TRAINING & PROFESSIONAL DEVELOPMENT**

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**Sexual and Gender Minority Health Summer Intensive**, NIH 2023

**Searle Teaching Certificate Program**, Northwestern University 2021–2022

**Center for Integrative Research, Teaching, & Learning Scholar** 2022

**Teaching-as-Research Project**, Searle Center for Teaching and Learning 2021–2022

**An Introduction to Evidence-Based Undergraduate STEM Teaching** Summer 2021

- Massive online open course (MOOC) offered on edX by the Center for the Integration of Research, Teaching, and Learning

**The Inclusive STEM Teaching Project** Summer 2021

- Massive online open course (MOOC) offered on edX focused on inclusive teaching practices

**Mentored Discussions of Teaching** Spring 2021

- Shadowed a teaching mentor and participated in discussion groups about teaching as part of a program offered by Northwestern's Searle Center for Advancing Learning and Teaching

**Teaching of Psychology course** Fall 2019

- Instructor: Dr. Renee Engeln

**Dyadic Data Analysis Workshop** June 17-21, 2019

- Instructors: Dr. Deborah Kashy and Dr. Rob Ackerman

### **INVOLVEMENT AND SERVICE**

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**Recognition Task Force** Jul. 2022–present

*Society for Personality and Social Psychology (SPSP)*

**Emerging Editor Board** Apr. 2022–present

*Personality and Social Psychology Review (PSPR)*

**Student Diversity & Inclusion Committee**, NU Dept. of Psychology 2020–2023

**Student Advisory Board**, Northwestern Office of Equity 2021–2022

**Graduate Student Recruitment Co-organizer**, NU Dept. of Psychology 2022, 2023

**Mutual Exclusivity Coordinator**, Northwestern University 2018–2021

**Reviewer**, APS Student Research Awards & Grant Competition 2020–2021

**Reviewer**, SPSP Poster Awards 2019–2021

**Student Search Committee**, Kenyon College Department of Psychology 2016, 2017

### **AD HOC REVIEWER**

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*Personality and Social Psychology Bulletin*

*Psychological Science*

*Psychology of Sexual Orientation and Gender Diversity*

### **PROFESSIONAL EXPERIENCE**

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**Lab Manager**, Finkel Relationships and Motivation Lab 2021–2023

**Research Assistant** 2015–2018  
• Gaming & Mediated Environment Lab, Kenyon College, Dr. Patrick Ewell  
**Summer Science Scholar**, Kenyon College 2016  
**Research Assistant** 2015  
• Kenyon College Department of Psychology, Dr. Allan Fenigstein

## PROFESSIONAL AFFILIATIONS

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**Society for Personality and Social Psychology** 2017—present  
**International Association for Relationship Research** 2022—present  
**Society for the Teaching of Psychology** 2022—present  
**Psi Chi** 2017—present

## REFERENCES

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### **Eli Finkel**

Professor  
Department of Psychology and Kellogg School of Management  
Northwestern University  
[finkel@northwestern.edu](mailto:finkel@northwestern.edu)

### **Wendi Gardner**

Associate Professor  
Department of Psychology  
Northwestern University  
[wgardner@northwestern.edu](mailto:wgardner@northwestern.edu)

### **Renee Engeln**

Professor of Instruction  
Department of Psychology  
Northwestern University  
[rengeln@northwestern.edu](mailto:rengeln@northwestern.edu)